

HEC 140: Introduction to Family Life Education

Introduces an overview of the field of Family Life Education (FLE). Covers theory, methods, and contexts of family life education, including family diversity, sexuality education, and parenting education.

This course is designed for individuals interested in early childhood education, parenting education, and family life education.

Course Student Learning Outcomes

Upon completion of the course students should be able to:

- Identify major principles and theories in Family Life Education (FLE).
- Understand the various contexts in which Family Life Education is practiced.

Credits: 3

Program: [Parenting Education & Family Life](#)